

The Future of Survival in 21st Century

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The era of irresponsible way of life ended with the outbreak of Covid-19. We were faced with the fact that our life can change overnight. We can no longer go along our way without implementing a responsible attitude towards nature. The pandemic changed the foundation of our life. We could never imagine that drastic changes such as working from home, online school, and the realization that nothing lasts forever. What have we learned in these past few months? We could see that everything depends on us and that no one will take care of us. If we do not become active right now, we can only continue complaining and feeling sorry for ourselves. The global market is not going to take care of us. If we want a healthy, creative and vital life, we have to create ourselves. It is no longer enough to read numerous books and articles and watch some films. We must start actively cooperating with life. If we want to reach sustainability goals, there are different starting points that we must take into the account first. The most important thing is to become self-sufficient no matter where we live. Self-sufficiency is not tied to the countryside, because the cities offer ways for individuals to become more independent. Being lazy, unmotivated, or not having the right knowledge are the main reasons why people believe this is not possible. If we look at sustainable cities abroad, we can see that they do things differently compared to Slovenia. Some of the major changes in cities are sustainable use of water, reuse, and short supply chains. We can be self-sufficient while living in a city. Some of the major changes that we still have to implement in our lives are connected with multipurpose water use, with the inclusiveness of ecosystem technologies and green systems. All these things help us control climate change. Social innovations are another important area that include changes connected with our diet (eating predominately plant based instead of animal-based food), mobility (car pulling) and living communities (multigenerational living situation). The International Center for Self-Sufficiency Dole, which is located in municipality Poljčane, is an example of how we can start living responsibly and sustainably right now.