

Experience on an Organic Farm in Austria within the Erasmus+ Program

On Wednesday morning, I set off on my journey to Millstatt, a town in Austria, where I spent a week on an organic farm with Ms. Karin. Even the trip there was interesting; I even managed to catch all my connections, and on the train, I passed the time by watching The Godfather. Once we crossed the border, I focused on the beautiful landscape instead.

Upon arrival, Anja picked me up at the station and took me to my accommodation. Shortly after, we visited the farm, where I received a warm welcome from Karin. She showed me the large garden, where I began picking elderflowers for syrup. I learned the recipe and the preparation process, which includes the use of sugar, citric acid, and lemons. In the following days, I participated in various tasks, including picking strawberries, chamomile, and other herbs; drying flowers; sorting, storing, labelling, and creating herbal tea blends. While working, Ms. Karin happily taught me about the different plants she has growing on the farm. I learned a lot about the medicinal properties of various herbs. She also took me to see the place where she collects mint. Nearby is a meadow with wetlands that is rich in biodiversity. Besides all the work, I also had time for other things like swimming, hiking, and walking through the beautiful nature. This experience gave me a lot of new knowledge about herbalism and syrup-making, and I also faced a language barrier, which showed me the value of a translator.



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