

# Practical Training at Krameterhof

Erasmus+ Mobility • Austria • May-June 2026

I completed a one-month practical training placement at Krameterhof in Austria, where permaculture principles are not presented only in theory, but are integrated into everyday work. From the very beginning, I became part of the team and learned how varied the tasks are on a mountain farm, where work must constantly be adapted to the weather, plants, animals and the farm's current needs.



View of part of the Krameterhof farm



Practical fruit-growing workshop

## Varied Practical Work

I spent most of my time working in the fields, greenhouses and herb garden. I helped prepare the soil, spread compost and mulch, arrange planting beds, and plant and transplant many kinds of vegetables and herbs. These included tomatoes, cucumbers, courgettes, potatoes, cabbage, basil and other plants. I also learned how cucumbers and courgettes can be planted on specially shaped mounds, giving them more space and better air circulation. In addition, I helped set up a new greenhouse and prepare it for further planting.

## Learning through Practice and Observation

Permaculture fruit-growing workshops were an important part of the mobility. I learned the basics of propagating and grafting fruit trees, as well as the importance of raising one's own young trees and preserving diversity. I was immediately able to connect this knowledge with work on my own farm and with plans for future planting.



Mulching and preparation of the planting area



Prepared beds and seedlings in the greenhouse

The work was not limited to crop production. I also helped move livestock and put up fences for the animals and to protect crops from wildlife. The highly changeable mountain weather was another valuable experience: snow surprised us in mid-May, while warmer days soon afterwards allowed more intensive outdoor planting. This gave me a realistic insight into adapting farm work to conditions in the field.



Working with animals and maintaining fences



The planted greenhouse at the end of the placement

## Personal Significance of the Mobility

The mobility offered me much more than new practical skills. Through daily work, I gained a better understanding of the links between soil fertility, the cycling of organic matter, plant diversity and the stability of the whole farming system. The experience strengthened my belief that food production can go hand in hand with nature conservation. I returned home with new ideas and renewed motivation to gradually apply the solutions I had learned on my own mountain farm.